

We change lives and strengthen communities by providing affordable mental health care to people in need.

Impact Report 2025

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I needed to make the changes I
needed, and to find the strength to
make the changes. They showed
up with no judgement, just support.

This course was pivotal to learning the skills I now use in the community organizing work I do now. It was a life changer for me."

-- Celina

"Here at SCCC, I connect with Spanish-speaking clients, I can help break cycles of generational trauma, and feel a true sense of belonging.

I'm excited for the future integrating therapy with native culture and spiritual practice—and continuing this journey of healing and connection."

-- Heid

"For the first time, I saw a path where my lived experience could become a tool for helping others instead of hurting myself.

This program didn't just train me—it transformed me. It turned my story of survival into a story of service, and it's a gift I carry with me every single day I show up for my clients."

-- Anonymous

IN THIS REPORT: Director's Message Impact By The Numbers Personal Impact Financial Overview Donor Recognition



Director's Message

This year marked a period of tremendous program growth and deepened community engagement for Southern California Counseling Center. Guided by our mission to provide accessible and culturally responsive behavioral health services, we expanded our reach and impact across Los Angeles and beyond.

SCCC advanced equity and access through the continued growth of the CalMHSA Peer Support Specialist Certification Training, preparing a diverse workforce of peers with lived experience to serve communities where the need is greatest. We strengthened our Black Maternal Health Center of Excellence collaboration, addressing critical disparities in maternal and infant health by offering trauma-informed, culturally affirming care for Black mothers and families.

When wildfires devastated parts of Southern California, SCCC responded swiftly, delivering trauma-informed counseling and support to families facing loss and displacement. Our Watts Community Healing Center initiative continued to grow as a vital hub for healing, resilience, and connection, providing both counseling services and peer-led support in one of Los Angeles' most under-resourced communities.

Amid significant shifts in both federal and local environments, SCCC has remained nimble and resilient. We are committed to ensuring that all people, regardless of race, income, or circumstance have access to affordable, high-quality mental health and wellness services.

Looking ahead, we will continue to innovate, expand partnerships, and advance equity so that every individual and family we serve has the opportunity to heal, grow, and thrive. Together, with our community and supporters, we are creating lasting change.

Michael Koch, EXECUTIVE DIRECTOR

IMPACT By the Numbers

\$25*

Average fee paid by clients per counseling session. \$70 is the cost to deliver the services, which is why we rely on funding support to fill the gap.

*Average counseling session cost in SoCal \$160–\$225. 2,300

Individuals, couples, teens and families receive counseling services annually.

30,000

Hours of counseling services provided annually.

\$2.3M*

Annual budget, where 5/% is donated by foundations and individuals, 30% comes from client fees, and the remainder is from partnerships.

*excludes Donated Services

Community Counselor Course (CCC)

The Community Counselor Course (CCC) is one of SCCC's signature training programs that equips community members with the skills to provide peer support, active listening, and practical tools for navigating life's challenges. Participants learn how to set boundaries, strengthen communication, and foster resilience — all within a supportive, judgment-free environment.

CCC graduates not only transform their own lives but also bring these skills back to their families, workplaces, and neighborhoods, creating a ripple effect of healing and connection across the community.

LEARN MORE: https://sccc-la.org/ccc/

100
Students graduate from our Community Counseling Course annually.

Community Counselor Course PERSONAL IMPACT

"I first learned of Community Counselor Course (CCC) because my life was unraveling. I was in an emotionally abusive relationship with someone who was an active gang member and both of us active substance users...but he was lost in his addiction. I knew I had to be functional, since I was the one with a job, supporting us and two children. I lived with the threat of physical violence. I hadn't realized how desperate I was. It finally came down to the only way I thought I could leave him was to kill him. That's the only way I could get away from him safely, without having him coming back to hurt me.

I asked someone at work to make sure that if I went to prison or if I died, that my kids would not go to his family. She took the radical step to make me promise not to do anything that night, and we would figure out something the next day. When I came in the next day, she had already made arrangements for me to start the CCC. Within weeks, I started. Every Friday.

For the first 3 months, I just listened and watched. I said nothing. It wasn't until I listened to an older woman in our group who was in same dire

situation. It clicked. If I don't get myself out of my situation, I will be her. I couldn't hold it in anymore. That was the turning point. I was sick and tired of being sick and tired. I didn't want my children to grow up to think this lifestyle was normal. CCC helped me learn the skills I needed to make the changes I needed, and to find the strength to make the changes. They showed up with no judgement, just support.

This course was pivotal to learning the skills I now use in the community organizing work I do now. It was a life changer for me."

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Counselor Training Program

This comprehensive program provides the clinical skills and supervised hours necessary for licensure in the state of California. The counselors in our program are working toward earning their LMFT*, LPCC* or LCSW* licenses. Each counselor commits to maintain a caseload of at least 8 clients with whom they meet weekly over the course of their two-year commitment. Many counselors serve longer than two years and complete advanced training.

We also offer a paraprofessional counselor track for counselors who want to volunteer their time but are not working toward licensure.

In addition to the core curriculum, counselors explore multiple specialties and serve diverse clients with a wide range of presenting issues as they master our strengths-based, non-pathologizing, and culturally sensitive approach to mental health care.

130
Pre-licensed MFTs
and Social Workers

Counselor Training Program PERSONAL IMPACT

"I am a native Spanish speaker, and I learned English from TV and my older brother. By third grade, I was proficient in school. I loved school, it was my safe place. My teachers were my protectors, and afterschool programs kept me away from conflict at home. I thrived, graduated high school, and went on to a big UC school.

College was a different experience; as the only Latina in my dorm, I felt out of place. By my second year, I moved out, and then the pandemic hit. I was isolated. My on-campus daycare job closed, and I struggled

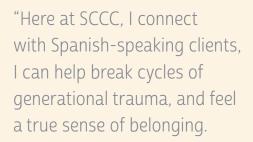
until I found another job working with kids, a role I discovered I loved.

After graduation, I worked in a psychiatric hospital doing risk assessment and research. The exposure was invaluable, but I felt stuck. I started therapy. My first experience didn't fit, but finding a Latino therapist changed everything. He understood my cultural context, helped me face my trauma, and showed me how stigma and identity shape mental health. That breakthrough inspired my career path.

I earned my MFT at Antioch, where I felt safe, connected, and seen. When it came time for my practicum, nothing clicked until I found Southern California Counseling Center. SCCC's deep commitment to cultural awareness, equity, and social justice resonated with me. Here, I connect with Spanish-speaking clients, help break cycles of generational trauma, and feel a true sense of belonging.

I'm excited for the future, integrating therapy with native culture and spiritual practice, and continuing this journey of healing and connection."

LEARN MORE: https://sccc-la.org/counselor-training-program/



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-- Heidy

^{*}Licensed Marriage and Familiy Therapist

^{*}Licensed Professional Clinical Counselor

^{*}Licensed Clinical Social Worker

Medi-Cal Peer Support Specialist Certification

SCCC was approved by CalMHSA (California Mental Health Services Authority) in 2024 to provide training for the Peer Support Specialist Certification program. To date, SCCC has trained more than 200 peers to provide essential behavioral health support skills. Peers come to the training program with lived experience in substance abuse and/or mental health issues. Peers complete training in 17 Core Competencies to receive the Medi-Cal Peer Support Specialist Certification.

The course includes training in social justice, peer values, enhancing self-advocacy skills, self-reflection, hands-on exercises, and group collaboration. The program is designed to train peers to share their journey in support of others facing similar challenges.

200

Individuals completed Medi-Cal Peer Support Speciality Certification in 2024.

Medi-Cal Peer Support Specialist Certification PERSONAL IMPACT

"I was basically raised in the prison system, serving more than 20 years behind bars. As a former addict, criminal, and gang member, I had to face the wreckage of my past, every destructive and violent choice, to become the person I am today. It wasn't easy, but through hard work and commitment, I've now been clean and sober for over 15 years. That freedom has allowed me not only to rebuild my own life, but to truly connect with others who are struggling and help them find a way out of addiction.

When I was released, a mentor told me about the Peer Support Program. For the first time, I saw a path where my lived experience could become a tool for helping others instead of hurting myself. The program gave me the foundation to step into a new role, as a case manager at a family service agency, where I now work with people from every background who are dealing with mental health and substance use challenges.

What made SCCC's Peer Support Program stand out was how intensive and practical it was. The curriculum didn't just skim the surface, it covered everything we needed to be effective in the field. The material was dynamic, and the hands-on exercises gave me confidence and real skills I could use right away. Our cohort built such strong bonds through the process that, even over a year later, we are still in close contact, supporting one another.

This program didn't just train me, it transformed me. It turned my story of survival into a story of service, and it's a gift I carry with me every single day I show up for my clients."

LEARN MORE: https://sccc-la.org/peer-support-specialist-certification/

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-- Anonymous

COMMUNITY IMPACT

HEALING

Watts Community Healing Center Initiative

Watts Community Healing Initiative is providing access to behavioral health and wellness for youth and young adults ages 18-30.

The Initiative employs a broad range of activites to engage youth including drum circles, group therapy, and individual therapy provided by our trauma-informed therapists.

More than 900 youth, foster youth, and young adults have participated in the Initiative and the feedback received indicates youth are benefiting and self-report that their participation has contributed to them having less anxiety, less anger, and fewer feelings of hoplessness.



SCCC Watts Drum Circle

RAPID RESPONSE

LA Fires

When Los Angeles was struck by two devastating fires this past January, the staff at SCCC were quick to respond. Our trauma-informed therapists offered 4 free counseling sessions for anyone affected by the fires. More than 100 free counseling sessions were provided.



COLLABORATION

Black Maternal Health Center of Excellence as part of Charles R. Drew University in collaboration with SCCC

SCCC is honored to collaborate with Charles R. Drew University's Black Maternal Health Center of Excellence (BMHCE) to provide mental health support to pre and post-natal clients in Black and other BIPOC communities, as well as support current mothers and families.

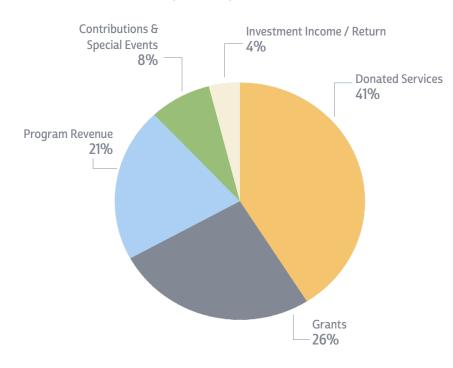
The goal of BMHCE is to improve birth outcomes for Black women and birthing persons in Los Angeles County, and address the structural racism, specifically anti-black racism, at the root of the birth disparities gap. In Los Angeles County, Black infants and mothers are 3-6 times more likely to die than other races, primarily from preterm birth and preeclampsia.

Supporting these communities through mental health support empowers marginalized communities by fostering resilience, reducing stress related to systemic inequities, and promoting healthier pregnancies and long-term wellbeing for both parents and children.



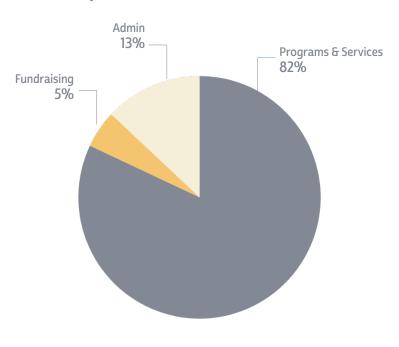
FINANCIAL OVERVIEW

2024 Revenue (unaudited)



| Donated Services | \$ 1,710,375 |
|--------------------------------|-----------------|
| Grants | 1,080,000 |
| Program Revenue | 864,218 |
| Contributions & Special Events | 318,434 |
| Investment Income/Return | 171,664 |
| Total | \$ 4,144,691 |

2024 Expenses (unaudited)



| Programs & Services | \$ 3,289,943 |
|---------------------|--------------|
| Admin | 537,101 |
| Fundraising | 207,096 |
| Total | \$ 4,034,140 |

2024 SCCC Honor Roll...

\$100,000 or more

Ballmer Group Anonymous Donor (The California Community Foundation) Weingart Foundation Miriam Muscarolas directed gift, Weingart Foundation

\$50,000 to \$99,999

The California Endowment Cedars-Sinai Medical Center The Rose Hills Foundation

\$25,000 to \$49,999

OueensCare Albert & Bessie Warner Fund Max and Pauline Zimmer Family

\$10.000 to \$24.999

Foundation

Ann and David Archie County of Los Angeles Kristen Finney Marin Community Foundation The Ralph M. Parsons Foundation

\$5.000 to \$9.999

Grant Abramson and Miriam Muscarolas Patricia Artigas Mason Funk Roz and Abner Goldstine LA Care Health Plan

\$2,500 to \$4,999

Community Action Partnership of Orange County Hilary Henson Dorothy Jackson Stevon Lewis Sandra McClean Plutsky Family Fund Eliza Steel Rosalie Villapando Candace Yoder Jennifer Kim Zeller

\$1,000 to \$2,499

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Larry Zucker \$500 to \$999

Mark Winitsky

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Angela Yee

\$250 to \$499

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We are deeply grateful to our donors for your support and generosity.

We do our best to accurately acknowledge all gifts. If there is an error, please let us know. Contact us at 323-937-1344 or info@sccc-la.org

2024 In-Kind Donations

Angelini Ristorante Kali Health and Fitness
Bacari Knotts Berry Farm
Balletto Vineyards Mike Koch

Barkbox LACMA
Bellacures LA Conservancy
Birdie G's Lazy Dog

Bowers Museum
The Broad
Malibu Wine Hikes
Janis Cohen
Sandra McClean
The Class Corp
Karen McWilliams
Vivian Dugre
Kathy Mojibi
Earthwise Pet
Kristina Moot
Gregory Economou

Bruce Lee Foundation
Kalibu Wine Hikes
Sandra McClean
Karen McWilliams
Kathy Mojibi
Corinne Murphy

Mason Funk and Jay Edwards Medieval Torture Museum Emerald Isle Golf Murchison-Hume

Flight Deck Air The Now Massage Combat Center Mrs Fish Restaurant

Fogo de Chao Pacific Park

Kristen Garemani Joko Tamura and Stig Pedersen

Got Your Back Perch

Grammy Museum Pine and Crane
Laura Grier Radiance Wellness Spa

Halper Fine Art SCCC Staff
Handpicked Floral Company Six Flags
The Haunt Ghost Tours Skirball Center
Hollywood Wax Museum Titos Vodka

Pam Hope Total Wine and More Huntington Library Universal Studios Battleship Iowa Museum Wilson Creek Winery

We are deeply grateful for your support and generosity.

Smart Giving, Lasting Impact

As 2025 comes to a close, we're reminded of a powerful truth: *mental health care is a right, not a privilege*. Thanks to your support, Southern California Counseling Center (SCCC) has provided access to mental health services for thousands of individuals, couples, families, and teens for nearly 60 years.

Your year-end gift—cash or non-cash—helps ensure affordable, accessible care for those who need it most. Many of our donors are turning to Smart Giving options that make a huge impact and offer valuable tax advantages including:

- Gifts of stock and securities
- · Donor-Advised Funds (DAFs)
- · Qualified Charitable Distributions (QCDs) from IRA
- · Matching Gifts from your Organization

These non-cash gifts can often provide greater benefits to both you and SCCC. For example, a gift of appreciated stocks may allow you to avoid capital gains taxes and claim a charitable deduction.

This year, please consider making a gift that's not only generous but strategic. Talk to your advisor, or reach out to us directly to explore the smartest way to give.

Tracey Hughes, Advancement Director thughes@sccc-la.org

Ways to Give

Send a check to SCCC 5615 W. Pico Blvd. Los Angeles, CA 90019

Sign up for monthly giving—Become a monthly donor and show your support for the most vulnerable! Sign up here https://www.sccc-la.org/donate/

Make a Tax Smart Gift: Donate from your DAF, IRA or make a gift of stock to support SCCC-LA and save on taxes this year.

Connect with mkoch@sccc-la.org.



Make your tax-deductible gift online at https://www.sccc-la.org/donate/ or use the OR code

2024 Counselors and Supervisors

Counselors Nikki Alston Ricki Archie Desi Belizarova Alex Beltran Zachary Benezra Jobenei Benjamin Ali Bland Mavis Bortey-fio Karen Boulanger Melissa Brodie Deborah Carlon Marissa Carter Colleen Cheung Michael Cowen Sterling Cox

Yohanna Cruz Brenda DelPilar Collao Vivan Dugre Sara Estrada Kevin Finn Tuul Gantogtokh

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Hannah Kushnick Rae-Bernadette Lacanlale Abigail Lanes

Armando Lawrence Etienne Lawson

Jamilla Lightner-Cedeno Bianey Lopez Amir Lotfi

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Taylor Michaels Mokgadi Mokgobu

Allyn Morse Lorig Mushegain Soren Nilsson

Helena Nyhart Aroldo Ochoa

Victoria Ortiz Minori Ozuki Mischie Palumbo

Remy Pelzer Syd Peterson Morgan Petriello Sara Pezeshkpour

Megan Plotkowski Tarah Pollock Jacqueline Quiñonez

Sarah (Sami) Rish Karinne Robbins Milo Sameth

Fabiola Sandoval Anthony Santich Tamara Satterwhite

Elizabeth Shaffer Rasha Shalaby

Lauren Steury **Brooke Taylor** Lauren Taylor

Kusema Thomas Rvan Tresser Lilian Truong Nadia Turner

Lena Vartanian Liv vonOelreich Scott Wagner Alyce Waxman Kaley Wheless Na'Keithia Whitney Melissa Willis

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Farah Zerehi

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Sharon Hanson, Finance Director

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Nicholas Fisher, Technology Director

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Next year, SCCC turns 60!

Changing lives and strengthening communities by providing affordable mental health care to people in need.

Stay tuned for news about celebration events coming in 2026!



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LOOKING AHEAD....

Partnerships and Programs

Medi-Cal

Earlier this year, SCCC began partnering with L.A. Care Health Plan to provide behavioral health services to its Medi-Cal plan members. SCCC and LA Care Health are committed to promoting access to accessible, affordable and high quality care. L.A. Care serves more than 2.6 million members across Los Angeles County. SCCC is proud to be a provider of mental health care services to L.A. Care's plan members.



Pacific Wellness Collective

The Pacific Wellness Collective (PWC) is dedicated to providing high-quality psychotherapy services through our compassionate team of Associate Marriage and Family Therapists (AMFT), Associate Clinical Social Workers (ACSW) and Associate Professional Clinical Counselors (APCC).

Our mission is to provide clients with meaningful and client-centered mental health care services that empower individuals to discover their strengths, embrace growth, and foster positive change in their lives.

Through PWC our therapists have the opportunity to build a thriving private practice.

LEARN MORE: https://pacificwellnesscollective.com/

