

SCCC COUNSELOR APPLICANT FACT SHEET

SCCC is a non-profit community mental health center housed in a warm, inviting environment in a hybrid model of in-person and telehealth services. It serves a diverse clientele with a wide range of presenting issues. Services include individual, couple, family, child and group counseling, a domestic violence treatment program, parenting classes, outreach programs and school-based counseling. Training is cutting-edge and constantly evolving.

The Counselor Training Program at Southern California Counseling Center Overview and Requirements

The Counselor Training Program is an intentionally designed program to both develop our counselors to the best clinicians they can be, while simultaneously meeting the needs of the clients we serve. There is a core set of required training components and responsibilities as well as a selection of optional programs which you can pursue once accepted into the program.

The core required elements of the program include:

- A minimum commitment of two calendar years (16 months for paraprofessionals)
- First year Clinical Skills Class on Thursdays 4pm-6pm focused on working with individual adults
- Second Year Family Training on Tuesdays 4pm-6pm focused on working with families, couples, and children (you will not begin seeing clients from these groups until you have begun this training)
- Weekly two-hour group supervision (we have groups scheduled at various times)
- Maintain a minimum caseload of 8 clients throughout your time in the program (4 for paraprofessionals)
- Attend a full weekend training on the Community Resiliency Model (CRM)
- Attend a 5 hour training on Gang Awareness a Therapeutic Education (GATE)
- Conduct intake interviews for new SCCC clients (2-4 intakes a month)
- Pay a monthly program fee of \$50 to help cover the cost of training (\$35 for paraprofessionals)
- Additional 1 hour individual supervision as needed dependent on your supervision unit ratio requirements
- Complete necessary administrative and clinical tasks

In addition to the core requirements, we also offer a wide range of optional opportunities for our counselors:

- Third year Trauma & Resilience Training
- Outreach programs including Teen Empowerment & Enrichment Groups, Stress Management & Anger Management Group, and a variety of community engagement programs
- School-Based Counseling Program
- The Abuse Prevention Program (TAPP) domestic violence groups
- Best Practice Parenting
- Mindfulness

How to apply:

- 1) To fill out an application, go to sccc-la.org/applications
- 2) Be interviewed by two members of the Applicant Committee over Zoom.
- 3) Participate in a 2 hour evaluation group interview

NOTE: It is SCCC policy that one year must elapse before a therapy client of the SCCC enters the Counselor Training Program.