



**Summer 2019** 

A publication for supporters of the Southern California Counseling Center



# On Missing Nancy Steiny

On April 28th, many of us in the SCCC community gathered at the home of Nancy Steiny to celebrate her life and remember just how much she means to all that the Counseling Center stands



for. In the sunny back garden at her home, a jazz trio played while conversation flowed. Counselors and supervisors from way back reconnected along with many

new counselors and the Steiny family, their neighbors and friends.

Truth is, Nancy will always be among us at SCCC. Her grasp of stellar family training and supervision carries on, as does her inspiration to craft questions that can truly impact a client's life. A Nebraskan by birth, she was as down to earth as they come. Sitting with her as a counselor in supervision you became more grounded too. Under her steady gaze you began to trust your instincts and see yourself as a therapist.

"Nancy was my supervisor, my mentor and my friend," said Executive Director Gail Wilburn. "I will always treasure her wit, insight and calm assurance."

Our deepest appreciation goes to donors Grant Abramson and Miriam Muscarolas who provided generous seed support to establish the Nancy Steiny Legacy Fund for Excellence in Clinical Training, which as its goal seeks to keep Nancy's commitment to training excellence front and center at SCCC. We hope to create a range of resources that will strengthen our training capacity now and in the years to come. The Nancy Steiny Legacy Fund welcomes contributions to support training at SCCC. Please visit sccc-la.org/steinyfund.

# A Smashing Spring Bash!

Donors and volunteers celebrate SCCC's mission to change lives and strengthen communities.

On April 6, SCCC friends and family gathered at the lovely indoor/outdoor space of Tiato in Santa Monica to celebrate all that has come into bloom at the Center. Donors and volunteers joined together to raise more than \$135,000 in support of affordable community mental health services. Guests enjoyed a spectacular silent auction, great food, drinks and rousing speeches.

The SCCC community honored The Steel Family who, through the Albert & Bessie Warner Fund, support community-based organizations that assist those in need in the fields of mental health, women's rights and civil rights. Eliza Steel, a recent SCCC alum and mental health advocate, accepted the award on her family's behalf.

Kusema Thomas, a Community
Counselor Course graduate and
current counselor at SCCC-Watts,
described how he came to SCCC
and relayed just how valuable the
services offered at SCCC-Watts are to the
community.

Alum John Tsilimparis moved the crowd with a personal account of his time as a supervisee under Nancy Steiny.

A warm THANK YOU to all the volunteers who chipped in that evening to help make it a beautiful celebration—it was a night to remember.







[Above] Executive **Director Gail Wilburn** presents the Founders' Award to Eliza Steel in recognition of her family's generous support of programs at SCCC through the Albert & Bessie Warner Fund. [Left] Kusema Thomas, a counselor at SCCC-Watts described his journey to SCCC and the importance of SCCC's work in the Watts community.



[Above] SCCC Board Chair Margo Peck [right] with alum Molly White.

Our annual fundraising event offers alumni great opportunity to reconnect and support SCCC. [Left] Alum Caroline Salz and fiancé.



[Left] The evening's venue was a ablaze with light and sparkling with conversation as attendees enjoyed cocktails, a sllent auction and dinner.

[Right] Alum John Tsilimparis offered a heart-felt remembrance of supervisor Nancy Steiny who passed away earlier this year.

[Below, left] **Board member Mason Funk with his partner Jay Edwards, an alum of SCCC.** 

[Below, middle] **Board member Audrey Hanneman with guest Amanda Norton** 

[Below, right] Clinical Director Marisa Ice with her husband, Todd Iannucelli











[Left] Long-time Board member Lora Fremont chats with guest Jeff Jackson.
[Below, left] Yvonne Dinish-Noble talks with Dr. Reynaldo Strayhorn.

[Right] Trauma Training and Services Director
Kim Cookson with husband, Tony
[Below center] Supervisor Janet Taylor with
her daughter Mary Johansson
[Below, right] Eliza Steel talks with
Colin Takahashi and
Kusema Thomas









## 2018 By The Numbers Annual Report



Gail Wilburn **Executive Director** 

Looking back on the past year, I want to begin by welcoming Marisa Ice as SCCC's Clinical Director. I am pleased to have her by my side to help navigate the Center's ongoing growth and change. It's particularly important as I look to complete my tenure here as executive director with retirement at the end 2019. What has been accomplished since early 2018 has been remarkable. The opening of our location in Watts and the growing numbers that it serves mean we have truly emerged and become part of the communities we serve. These efforts along with our work in Koreatown with the Karsh Center give our counselors greater opportunities to put their skills into action. The Center remains solid financially through all of this change. I can't express my appreciation enough for all the support we have received from donors and grantors, from our remarkable Board of Directors, and most importantly, our hard-working volunteer counselors and supervisors. Our founders would be proud.



SCCC served 5,785 clients in 2018.



Our volunteers deliver more than \$2.7 million of donated mental health services each year.



85 % of every dollar we raise supports direct services for clients in need.



97 % of clients we surveyed would recommend SCCC to friends or family. 81 % of clients report being better able to handle stressful situations. 91 % report being more aware of feelings, thoughts and actions.

Service Locations: Mid-City • Watts • Koreatown • Public Schools • Online

Having been at SCCCin various capacities since 2009, I couldn't be happier to be in my new role, helping to usher the Counseling Center into a future in which we are recommitted to our values and our mission of changing lives and strengthening communities while looking to ways we can grow our capacity to serve those in need. Innovation has always been a cornerstone of SCCC's training and services, and I am honored to have the opportunity to bring fresh ideas to the vital work we are doing every day. With our continued expansion of our trauma services in Watts, our increased use of SCCC's online therapy platform WeCounsel, and our partnership with the Karsh Family Social Services Center in Koreatown, we have proven that the Center's reach extends far beyond our place on Pico Blvd. With the community's support, I am looking forward to continuing on this path.



Marisa Ice Clinical Director

### **Public Support and Revenue**

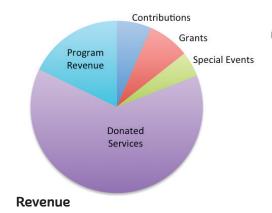
**Donated Services** \$ 2,766,675 Progam Revenue 782.110 Contributions 286.556 Grants 343,814 206,507 Special Events **Total Public Support** 

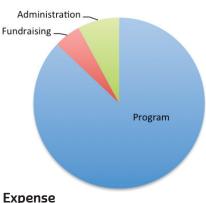
and Revenue

\$4,385,662

## **Expenditures**

Program \$4,002,500 **Fundraising** 232,057 Administration 361,468 \$4,596,025 **Total Expense** 





## **Deepest Thanks to Our Dedicated Team** of Volunteer Counselors and Supervisors!

## **SCCC Supervisors**

Massi Abadi Kathie Adams Angela Albert Brandi Bakewell Lyra Barrera Darlene Basch Lin Benedek John Berndt Ali Borden

Douglas Brayfield Tali Catz Laura Collura Lee Conger Michele Conklin Kim Cookson Katie Corrigan Virgil Day Marianne Diaz Michael Dishon Melanie Drane Barbara Dreyfus Mojgan Farazian Estelle Fisher Jonathan Flier Linda Franco Natalie Friedman Stefanie Funke Karly Gilbert

Caryn Greenhut Doug Hales Yisraela Hayman Hilary Henson Nicole Horton

Marisa Ice Teresa Jones Dana Julian Sharon Kane

Carol Kaye

Clara Konzevik Natalya Kuzmicheva

Jesse Lainer-Vos Joni Lavick

Mallory Leitner Marlene White Lenard Gene Lichtenstein Stephanie Macadaan

David Marsten Alicia Murray Sherry Nafeh Margo Peck Kane Phelps

Jeanette Raymond Sherri Rose-McCashin

Janis Rosenberg

Mary Ann Rosenfeld Lindsey Rosenthal Laurence Rosenthal

Lea Roussos Allison Rudnick Savannah Sanfield

Leyla Sanford **Robert Santos** Seth Schulweis

Friedemann Schulz Michelle Lang Jessa Sherman

Jennifer Sleeper Riley Smith

Charlotte Spiegelman

Nancy Steiny Barrie Sueskind Lance Tango Janet Taylor Marcia Teichman Jonathan Vickburg Angela Wallace Gail Walpert Sum-Yee Wang Gail Wilburn Mark Winitsky Cheryl Woodruff

## **SCCC Counselors**

Andrea Zuckerman

Larry Zucker

Alex Abramowicz Eileen Akiaten Angela An **Christine Archer** Damani Atiba Jannell Banchik Mary Barbour Monique Beltran Maria Berbeo Jesse Berkin Bianca Berzner Ajay Bhavsar Marilyn Bise Meagan Blatter Melanie Bomar Sheila Brittain Stephanie Bulger Nicole Burns Henderson

Tiffany Bushnell Katherine Chan Louise Cocks Kim Cookson Laura Cotterman Zoe Crook

Allison Crooks **Rolf Danner** Alicia Dewell Marianne Diaz Sydney Dieudonne Ben Fineman Kathleen Flaherty

Jack Fris

Samantha Gennuso Garland Gerber Sally Gibbons Marni Glick Diana Godinez Owen Graham Arianne Groth Michael Guzieika Melanie Handelsman Vanessa Harvey Thomas Henning Kathryn Heymann Jim Holland Phyllis Holland Shimul Hyder Ann Irmas Traci Ishigo

Monique Jansen Miri Jedeikin-Mckelheer Che Johnson

Noelle Johnson Laurie Kaman Mingian Kang Eric Katende Yasmine Khadr Saman Khazani Catherine Kokkonas

Leily Labuda Mallory Leitner Dora Lee Leon Ryann Levin Catherine Liang Jaclyn Lieber Jamilla Lightner Alexandra Lippens

Natalya Kuzmicheva

Nicholas Lodato-Thompson

Joy Long Nicole MacIntyre Lincoln Madley Lauren Malkasian Michael Manzo **Brittny McCarthy** Maryrose McMahon

Karly Meola Kimberlee Minor Julie Mond

Chelsea Monty Kimberly Morgan Murali Navaneethan Frances Nova **Rob Novickas** 

Kevin O'Bryan Ngoc O'Rourke Caitlin Payne Susan Pelletier Syd Peterson Martin Pettis Tina Canonigo

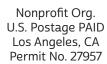
Alexzena Rice-Sarantis

Eric Robinson

Clory Rossi-Shewan Renee Rousselot Adrienne Rusk Tamara Satterwhite Sarah May Scheil Abigail Schoenberg Avigail Schotz Beatrice Schreiber Marjorie Schuetz Dene Selkin Raquel Serrano Matthew Shima Leah Smith

Carrie Smith-Helgeson Charlotte Spiegelman Michael Steffes David Strah Thomas Szabadi Katie Szymanski Colin Takahashi Lance Tango Caroline Taylor Evan Teitelbaum Kusema Thomas Paulina Trujillo Perez Janet Upjohn Erin Valente Melinda Vyvyan Lisa Walton Jessica Warner

**Eric Weiss** Kristen Welke Caroline Wiita Gail Wilburn Candace Yoder Farah Zerehi Claire Zinberg





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## SCCC Staff

Gail Wilburn, LMFT, LPCC, Executive Director

Marisa Ice, LMFT, Clinical Director

Brandi Bakewell, LMFT, Director, School Based Program

John Berndt, LMFT, Assistant Clinical Director

Michelle Chong, LMFT, Clinical Coordinator

Kim Cookson, PsyD, Director, Trauma & Resiliency Training & Services

Eleanor Curry, MD, Consulting Psychiatrist

Marianne Diaz, Director, Outreach Services

Richard Dowaliby, Weekend Front Desk Manager

Moj Farazian, LMFT, Director, The Abuse Prevention Program

Nick Fisher, Communications & Technology Director

Sharon Hanson, Supervising Accountant

Kathryn Heyman, LMFT, Weekend Clinical Coordinator Alyssa Johnson, Advancement Manager

Gene Lichtenstein, LMFT, Weekend Clinical Coordinator

Maureen McGlynn, TAPP Program Coordinator

Sumit Naig, MD, Consulting Psychiatrist

Marisa Rios, Client Contact Coordinator

Leyla Sanford, LMFT, Director, Best Practice Parenting Program

Tamara Satterwhite, Administrative Coordinator

Matthew Shima, LMFT, Outreach Program Coordinator

Julie Suhr, LMFT, Grants Consultant

Kyle Swan, Accounting Manager

Jonathan Vickburg, LMFT, IT Consultant

Angela Wallace, LMFT, Clinical Adviser

Arezou Yashoua, LMFT, Psychiatric Coordinator

Vadym Zhyrov, Client Contact Coordinator

#### **SCCC Board of Directors**

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R. Scott Buckland

Patricia Flumenbaum

Ron Franco

Lora Fremont

Mason Funk

Dorothy Jackson

Saul Janson

Jesse Lainer-Vos

Sandra McClean

Michael Perlis

Mary Ann Rosenfeld

Gregory C. Scott

Peter Smuts

**Thomas Smuts** 

Susan Troy