

## SOUTHERN CALIFORNIA COUNSELING CENTER

### TRAUMA AND RESILIENCY TRAINING SCHEDULE 2018 – 2019

#### **2018**

September 5	Orientation. Trauma History – Judith Herman book, “Trauma and Recovery” discussion. Resource. KC	
<u>September 12</u>	<u>3-6 EMDR Part 1. KC</u>	
<u>September 15</u>	<u>9am - 6pm</u>	<u>EMDR Part 1. KC</u>
<u>September 16</u>	<u>9am - 5:30pm</u>	<u>EMDR Part 1. KC</u>
September 19	Break.	
September 26	Resourcing practice. EMDR videos.	
October 3	Break.	
<u>October 10</u>	<u>3-6pm EMDR Part 2. KC</u>	
<u>October 13</u>	<u>9am - 6pm</u>	<u>EMDR Part 2. KC</u>
<u>October 14</u>	<u>9am – 5:30pm</u>	<u>EMDR Part 2. KC</u>
October 17	Break.	
October 24	EMDR Internal Skills Resourcing. Positive Affect Tolerance. Resourcing Practicum. Set up EMDR practicum groups. KC	
October 31	EMDR Consultation Group A -1.	
November 7	EMDR Consultation Group B -1.	
November 10	9am – 5pm	CRM Training
November 11	9am – 5pm	CRM Training
November 14	EMDR Consultation Group A - 2.	
November 21	Break.	

November 28	EMDR Consultation Group B – 2.
December 5	Self Care. Vicarious Traumatization. Resource Team. Therapist Self-Care articles. KC
December 12	EMDR Consultation Group A - 3.
December 19	Break.
December 26	Break.

~~2018~~ **2019**

January 2	EMDR Consultation Group B – 3.
January 9	Working with Dissociation. KC
January 16	EMDR Group Consultation A – 4.
<u>January 19</u>	<u>9am – 5pm TRM 1</u>
<u>January 20</u>	<u>9am – 5pm TRM 1</u>
January 23	EMDR Group Consultation B – 4.
January 30	Attachment-Focused EMDR. KC
February 6	Trauma Conversations. Marianne Diaz.
February 13	TRM / EMDR Review and Consultation.
February 20	Shame and Trauma. Angela Wallace
February 27	Working with LGBTQI Trauma.
March 6	TRM Practicum.
<u>March 13</u>	<u>3-6pm EMDR Part 3. KC</u>
<u>March 16</u>	<u>9am – 6pm</u> <u>EMDR Part 3. KC</u>
<u>March 17</u>	<u>9am – 5:30pm</u> <u>EMDR Part 3. KC</u>

March 20	Break.
March 27	EMDR video. Group consultation/discussion.
April 3	Working with Kids/Teens.
April 10	Working with Kids.
April 17	Somatic experiencing.
April 24	TRM 1+
May 1	TRM 1+
May 8	EMDR and Postmodern.
May 15	Sand Tray and Trauma Work.
May 22	Working with Addictions.
May 29	Overview. Evaluation of program.

There will be two EMDR consultation groups – A and B - which will meet on separate Wednesdays between EMDR Parts 2 and 3. When one group meets the other is on break.