



Southern California
Counseling Center

**FAMILY THERAPY TRAINING PROGRAM
2018-19**

DATE	TITLE	PRESENTER	Learning Objectives	Strategies
September 4, 2018	Before Beginning: The Assignment Process and Legal/Ethical Considerations	Kathryn Heymann Marisa Ice Bob Mendelsohn	Familiarity with the client assignment process. Understanding of releases, consents, other legal/ethical considerations.	Instruction Discussion
September 11, 2018	JEWISH HIGH HOLIDAYS			
September 18, 2018	JEWISH HIGH HOLIDAYS			
September 25, 2018 ASSESSMENT UNIT	Domestic Violence I Assessment: Do we continue the couples therapy?	Mojgan Farazian Maureen McGlynn Bob Mendelsohn	When and how to assess for domestic violence. When to consult with TAPP. How to transition a couple from couples therapy to TAPP.	Instruction Video (?) Role play Discussion
October 2, 2018 PREPARATION UNIT	Cleaning Your Plate: Examining What We Bring With Us	Nancy Steiny Bob Mendelsohn	Learn to look at our assumptions and biases. Understand where they originated.	Instruction Role play Discussion
October 9, 2018 PREPARATION UNIT	The Art of the Question	Nancy Steiny Bob Mendelsohn	Know 4 categories of questions. Be able to ask reflexive and circular questions. (This will be a refresher for September counselors, new for March counselors)	Instruction Role play Discussion



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October 16, 2018 UNIT 1	Working with LGBTQIA youth	Michael Anthony-Nalepa	Awareness of affirmative interventions and treatment planning with LGBTQIA youth. Clinical competency in the LGBTQ realm based on empowerment theory.	Instruction Video Case Study Discussion
October 23, 2018 UNIT 1	LGBTQIA Family of Origin Oppression	Michael Anthony-Nalepa	Awareness of systemic forces of oppression through an applied community psychology lens with the HIV epidemic as a backdrop.	Instruction Video Discussion
October 30, 2018	No Tuesday class this week due to Marshall Jung all day on Friday.			
November 2, 2018 Friday 9 am - 4 pm	Couples Counseling: An Integrative Approach (Room 14)	Marshall Jung	Knowledge of: Marital Therapy framework Communication Theory Types of Marital Therapy Crisis Intervention Methods of Practice	Instruction Video Role play Discussion
November 6, 2018 UNIT 2	Family Systems 1	Charlotte Spiegelman	Knowledge of family systems theory Experience role of therapist in the system	Instruction Discussion Family sculpting
November 13, 2018 UNIT 2	Family Systems 2	Charlotte Spiegelman	How to: Manage the initial phone call Engage the family in the first session	Instruction Role play Discussion
November 20, 2018	THANKSGIVING BREAK			
November 27, 2018	Family Systems 3	Charlotte Spiegelman	Live demonstration: Reframing the problem Engaging family strengths	Enactment with professional actors Discussion



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UNIT 3			Keeping it systemic	
December 4, 2018 UNIT 3	Family Systems 4	Charlotte Spiegelman	Working with various scenarios: School avoidance Families with young children	Instruction Role play
December 11, 2018 UNIT 4	Working with Families and Teens	Marianne Diaz	Awareness of cultural considerations in a case study of working with a Latino family.	Case Study Video Discussion
December 18, 2018 UNIT 4	Domestic Violence II Client Consultations	Mojgan Farazian	Further develop awareness in couple client cases of assessment, counter-transference, self-care.	Case Studies Discussion
December 25, 2018	CHRISTMAS BREAK			
January 1, 2019	NEW YEAR'S BREAK			
January 8, 2019 UNIT 5	Couples Work	Larry Zucker		
January 15, 2018 UNIT 5	Couples Work	Larry Zucker		



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DATE	TITLE	PRESENTER	Learning Objectives	Strategies
January 22, 2018 UNIT 6	Couples Work	Larry Zucker		
January 29, 2018 UNIT 6	Couples Work	Larry Zucker		
February 5, 2019 UNIT 7	Couples Work	Mark Winitzky	Introduction to some basic gestalt therapy ideas: awareness, contact, dialogue, phenomenology, and how they apply to couples work.	Instruction Demonstration Practice Discussion
February 12, 2019 UNIT 7	Couples Work	Mark Winitzky	Putting the theory into practice with a structured approach and some hands-on practice.	Instruction Demonstration Practice Discussion
February 19, 2019 UNIT 7	Couples Work	Mark Winitzky	Expanding the ideas into less structured work and different clinical contexts. More practice.	Instruction Demonstration Practice Discussion
February 26, 2019 UNIT 8	Working with Children	David Marsten		Live session
Working with Children	Working with Children	David Marsten		
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March 19, 2019 UNIT 10	Emotionally-Focused Couples Therapy	Stephanie Macadaan	Understand EFT/Attachment theory; learn how to identify a couple's cycle of conflict and understand the techniques and stages of working with couples in EFT.	Video Role play Discussion
March 26, 2019 UNIT 10	Emotionally-Focused Couples Therapy	Stephanie Macadaan	Understand EFT/Attachment theory; learn how to identify a couple's cycle of conflict and understand the techniques and stages of working with couples in EFT.	Video Role play Discussion
April 2, 2019 UNIT 11	Gottman Method Couples Therapy: An Overview	John Berndt	Learn about John Gottman's research, Harsh vs. Softened Start-ups, The Four Horsemen and their antidotes, Flooding vs. Soothing;	Instruction Discussion Role-Play Video
April 9, 2019 UNIT 11	Gottman Method Couples Therapy: An Overview	John Berndt	Learn how to implement the Gottman Method with couples to improve communication.	Instruction Discussion Role-Play Video
April 16, 2019	SPRING BREAK			
April 23, 2019 UNIT 12				
April 30, 2019 UNIT 12				



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DATE	TITLE	PRESENTER	Learning Objectives	Strategies
MAY 1, 2019 UNIT 13				
MAY 8, 2019 UNIT 13				
MAY 15, 2019 WRAP UP/EVAL UNIT 14				