

Southern California Counseling Center



Summer 2018

A publication for supporters of the Southern California Counseling Center

Our 2018 Gala Honoree Beth Hallman, RN of The California Wellness Foundation



Our 2018 Annual Report

Oh, The Places We Went! Gala 2018 was the night to remember for SCCC donors, volunteers and staff!

On Saturday, April 28, SCCC volunteers, supporters and staff came together for a great evening at ALCHEMY in Palms, raising \$184,000 on behalf of affordable mental health services for all. A small army of volunteers transformed ALCHEMY's anything-but-ordinary printing facility (generously provided at no cost for the evening) into a magical space for sharing, dining and celebration. Elizabeth Hallman, MBA, RN, a Board member at The California Wellness Foundation, served as the evening's honoree; she was introduced by the foundation's president, Judy Belk. For a number of years, SCCC has benefitted greatly from the foundation's generous support and Ms. Hallman's commitment to SCCC's Trauma Training and Services efforts.

Marianne Diaz also introduced Michael Manzo, who provided a stirring account of his decades-long journey at SCCC— from RAGE Group participant, to Community Counselor Course graduate, to paraprofessional facilitator now working in Watts. A hearty thanks to all of you who have contributed your time, talent and efforts on behalf of those we serve.









[Above, left] **President Judy Belk of The California Wellness Foundation introduced the evening's honoree, Elizabeth Hallman.** [Directly above] **Michael Manzo of SCCC's Outreach Programs and a graduate of the Community Counselor Certification Course.** [Far left] **Past SCCC Board member Erin Orias** with longtime Board member Lora Fremont **surveying our great turnout.**



[Above] Event Honoree Elizabeth Hallman, MBA, RN, spoke eloquently of serving those in need.



[Above] Counselor Melanie Handelsman with husband Mark and Counselor Renee Rousselot [Below] Counselor Beatrice Schreiber passes appetizers as the evening kicks off.





[Above] Gala evenings bring together old friends and alumni of the Center, including, from left, Kathleen Gray, Board member Mary Ann Rosenfeld, Board Chair Margo Peck and Molly White.



[Above] Outreach Director Marianne Diaz, center, with from left, Outreach Counselor Raquel Serrano, Program Coordinator Melinda Vyvyan and the evening's riveting testimonial speaker, Michael Manzo.





[Above] Assistant Clinical Director Marisa Ice and her husband, Todd, joined the festivities.

[Above] Nancy Steiny, center, shares a good laugh with, Lara Harris, left, and past board member Katrina Dornig, both alums of the Center's training programs.



[Above] Board member Mary Ann Rosenfeld enjoyed the festivities with her husband, Sheldon Kadish.



[Above] Alumni Adrienne Tien and Tracy Dickerson.



[Above] Longtime SCCC supporters, from left, Marilyn and Roger Wolk with Denise Toberman.



[Above] Alum Eliza Steel attended with her sister, Sabrina Steel.

2017 By The Numbers



Gail Wilburn Executive Director

Annual reports offer the opportunity to look at what we've accomplished and chart a path forward as a community. Our volunteers, Board and staff are most proud of the work of 2017 and important steps we've taken to expand upon our strategic successes of the past few years. Our Psychiatry Program has hired a second psychiatrist which doubles the program's capacity for 2018. Dr. Lucy Sloninsky joined Dr. Eleanor Curry in providing psychiatric services at SCCC. She also brings fluency in Spanish, which further strengthens the program's capacity. We continue to train more individuals in Watts to deliver local counseling services in the community in which clients live. In fact, our impact in South Los Angeles has fully exceeded our expectations; so much so that we signed a lease for dedicated space on the WLCAC campus to deliver both group and individual counseling. We hope you will join us in celebrating these accomplishments, and look forward to more exciting growth and change in the months and years to come.



86 % of every dollar we raise supports direct services for clients in need



Our volunteers deliver more than \$2.7 million of donated mental health services each year



97 % of clients we surveyed would recommend SCCC to friends or family



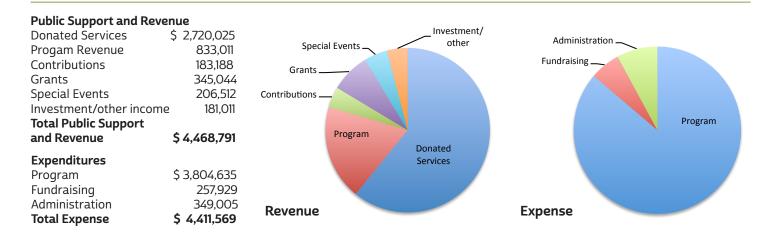
91 % of clients report being better able to handle stressful situations 98 % report being more aware of feelings, thoughts and actions 84 % report being more able to manage difficult feelings

Service Locations : Mid-City • Watts • Koreatown • Public Schools • Online

2018 represents another year of great strides forward in expanding and deepening the services we provide. Lots of hard work and thinking outside the box have resulted in new models, approaches and partnerships, from trauma treatment and recovery services in Watts to access for our clients to low-cost legal, dental and vision services in Koreatown. We are training more and more individuals from local communities all over Los Angeles and beyond to deliver counseling services and support in their own communities. As we make ever greater investments in staffing, new tools, technology and procedures, SCCC has expanded to reach more and more individuals and families in need. As we move through the rest of 2018 and into 2019, we expect our impact through innovative models and remarkable tools, such as our WeCounsel online portal, to become even greater. For all your support, you have our deepest thanks.



Robert Mendelsohn Clinical Director



Deepest Thanks to Our Dedicated Team of Volunteer Counselors and Supervisors!

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Your Support Means the World to **Our Clients and** Volunteers!

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