



FOR IMMEDIATE RELEASE

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SOUTHERN CALIFORNIA COUNSELING CENTER OPENS FIRST OF ITS KIND SATELLITE COUNSELING CENTER IN WATTS

Sliding scale, trauma-informed individual, family and group counseling services for the community

[WATTS, CALIFORNIA, February, 2018] – In an unprecedented development, The Southern California Counseling Center has opened a satellite counseling center in the heart of the Watts neighborhood of south Los Angeles.

The Southern California Counseling Center, has been an innovator and supporter of mental health services for diverse communities for more than 50 years. While SCCC is headquartered in Mid-City, the Center has been offering counseling services in Watts through SCCC's Outreach program and its partnership with the Watts Labor Community Action Committee.

A Ribbon-Cutting Ceremony and Official Grand Opening for SCCC's new Watts Counseling Center is being held Thursday, March 22 at 12:00 PM at the Watts Labor Community Action Committee (WLCAC), 10950 South Central Avenue, Los Angeles, CA 90059.

When SCCC began offering counseling services in Watts, Marianne Diaz, Director of SCCC's Outreach Program, was told there would never be a demand for counseling beyond court-mandated individuals; Less than 3-years later there is a 6-week waiting list for both mandated **and** self-motivated clients. This unprecedented achievement speaks to the significant needs of this historically under-served community, and to the unique approach SCCC's Outreach program.

From its new space in Watts, the Southern California Counseling Center will provide specially trained counselors for a variety of English and Spanish therapy services, including: individual counseling for adults and youth, couples, and families. Group counseling includes adult substance abuse, grief, RAGE Resolution and anger management, mindfulness and much more.

The Southern California Counseling Center has been providing affordable mental health care to those who need it since 1966. SCCC believes mental health care is a right, not a privilege. In 2017 volunteer counselors provided mental health services to 5,000 individuals, families and couples across Los Angeles.

For more information, please contact Emily Beach at ebeach@sccc-la.org.