

Holiday Feast Drive 2016

We are gearing up for our Annual "Holiday Feast Drive" and soon after the Holiday Gift Drive. Each year, with your tremendous help, we are privileged to provide a little support for our families who struggle financially day in and day out. Outreach Services supports families either through our SCCC home here at Mid-City or our Watts programs at WLCAC in South L.A which now includes Skirball Middle School.

As a community we come together to provide a **Holiday Feast** for 20 families in the Outreach programs. We will be targeting 10 families from the Mid-City Center and 10 families from the Watts Community through our work with families at (WLCAC) counseling/trauma services provided by SCCC.

This is a small gesture of thanks to the many families, couples and individuals who provide us with the experience and challenges we need in our training here at the Center as mental health providers and in the future through community mental health services, private practice or a combination of both. We are trusted to enter into the lives of the many people seeking support and compassion through Southern California Counseling Center interns, trainees, paraprofessionals and licensed therapists. Being oppressed by poverty and systemic racism is a reality of the communities we serve and to alleviate this stress if even for a short time is such a relief for the families that struggle every day to put a roof over their children's head and food on the table. We will be posting a sign-up sheet and you can decide how you want to participate. CleanSlate Inc. my non-profit chases down and tackles turkeys each year for the event. Each turkey is now \$30.00 and you can donate the funds to CleanSlate as the turkeys have already been purchased. You can, as supervision groups, choose a family to support. As an individual you can buy, bring or donate funds to the cause. We love giving more than enough for the families to enjoy during the Holiday Feast. You can also help put the boxes together and/or deliver to the families!

For the record, we have been doing this for 15 years and have seen the baskets get bigger and more generous. We know this group of counselors at the Center for this Holiday Feast Drive 2016 will impress us all with the excitement, generosity and energy I have come to expect in the many years we have organized this event. For those of you who have been around here a while please guide, assist and inform those who are doing this for the first time. We always get it done!

Laura Koonce and Darby Latshaw will be organizing and recruiting for this cause! Expect to be harassed respectfully!

Boxes will be delivered Monday November 21st. Please have all items in by that date!

The first phase of our holiday efforts is the "HOLIDAY FEAST DRIVE" Part (2) Holiday Gift Drive in December

With respect, admiration and humility,

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Marianne Diaz, Director of Outreach Services

Please contact the following for more details if needed: <u>Tamara Satterwhite</u>, <u>Nicole Burns-Henderson</u>, Dora Lee Leon