



Southern
California
Counseling
Center

dialog

Summer 2016

A newsletter for supporters of the
Southern California Counseling Center

*SCCC Honors
Suzie Levin Corben
and The Jay & Rose
Phillips Family
Foundation*

**Our 2016
Annual Report
Issue!**



Celebrating Our Remarkable 50th Anniversary at the Petersen Automotive Museum

With a legacy tribute to longtime Board member Suzie Levin Corben and the contributions of her family to SCCC through The Jay & Rose Phillips Family Foundation of California

More than 400 friends, donors and volunteers turned out on April 30 to celebrate as the Counseling Center marked its 50-year history of serving the community. The evening raised over \$235,000 in support of our efforts to ensure that mental health care remains accessible and affordable for those in need. Along with a fabulous silent auction, a delectable dinner by The Food Matters, and the fun surroundings of the Petersen Automotive Museum, the evening included a video tribute to a great champion of affordable mental health services, Suzie Levin Corben, and the work of her family's foundation, The Jay & Rose Phillips Family Foundation of California. We also introduced a video that details SCCC's work in the community and how it all began in 1966. Moving testimonials were provided by clients who painted a vivid picture of the value and impact of our work. Assemblymember Sebastian Ridley-Thomas of the 54th Assembly District of South Los Angeles spoke as well.

Our deepest thanks to everyone who joined us that evening, making it possible to embark on another 50 years of bringing hope and change to over 3,000 individuals and families each year.



[Above] Family and friends of Suzie Levin Corben and The Jay & Rose Phillips Family Foundation of California. [Below] Clients share their stories.



[Left] Board members Sandra McClean and Audrey Hanneman with friends.



[Below, L to R] Volunteer counselors selling raffle tickets; longtime supervisor Nancy Steiny with daughter Susan.



[Below, L to R] Sebastian Ridley Thomas speaking to the crowd; Clinical Director Bob Mendelsohn talks with Board member Erin Orias.





[Left] Board member John Taylor with his wife supervisor Janet Taylor. Attendees enjoyed a terrific dinner by The Food Matters.
[Below, L to R] Saul Janson, Margo Peck, Molly White, Scott Buckland, and Tori Separd.



[Below, L to R] Supervisor Sum-Yee Wang with her husband Dao Ni; partygoers filled the dance floor well into the evening.



A great time was had by all! [L to R] Roxanne Garcia with wife Marianne Diaz, SCCC Outreach Director; Darlene Basch with her fiancé Supervisor Jonathan Flier



[L to R] Counselors Signe Grant and Rebecca Spotville-Choice; attendees had loads of fun in the photo booth, posing with some great cars at the Petersen Automotive Museum.

Our Illustrious Event Sponsors

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Gail & Jim Wilburn

Impact: Strategy and Teamwork



Margo Peck
Board Chair

A milestone like Our 50th anniversary offers a good opportunity to look back at lessons we have learned about what works to empower us to meet the need for

mental health services. What's proven most impactful in the past few years has been our landmark Strategic Planning effort, begun in 2012 and continuing to evolve to this day. Each step was a learning process for the organization—drafting the plan, working as a community to understand where we've been, where we hope to go, and the development of a team approach that involves all constituencies in our success.

We're proud of SCCC's array of strengths and capabilities: a proven, innovative model; committed donors and volunteers; and our reputation for delivering quality, efficient services. Where we stand today is a tribute to all who support us and our work.

Highlights

85% of our budget delivered direct programs and services

•

More than \$2.3 million of donated mental health services

•

Provided services for more than 3,000 clients

•

Average of 600 counseling sessions offered each week

•

Our endowment has reached more than \$1.5 million

SCCC Annual Report: Where We Go From Here

As an Annual Report looks back at the previous year (see our Financial Report and highlights for 2015 below), it also offers a glimpse of what is on the horizon for us as a community and an organization. Our successes of the past few years have paved the way for us to continue exploring new capacities and innovations that will help us deliver services more effectively than ever before. Our plans include:



Gail Wilburn
Executive Director

- **Grow our presence in South Los Angeles, an area of the city with deep needs for the kind of violence prevention and trauma treatment services we provide.**
- **Collaborate with Karsh Family Social Service Center of the Wilshire Boulevard Temple in Koreatown to provide mental health counseling for that diverse community.**
- **Deliver secure, online mental health services to increase our capacity without expanding infrastructure.**
- **Expand our Psychiatric Services to meet the growing needs of our clients.**

All of these efforts are underway, offering us new opportunities for growth and change. We are excited by these prospects and what we'll discover in the years ahead. Two things spur us on. It is a privilege to work with individuals and families as they come to us seeking change and growth in their lives. We acknowledge their courage and strength. We learn from them every day. We are also inspired by our volunteers who work so hard on behalf of those we serve; each counselor, each supervisor comes to this work with diverse experiences but a common commitment to well-being and empowerment. We share our inspiration with you, our donors and contributors, as it is your generosity and concern that truly makes our work possible—many thanks to you all.

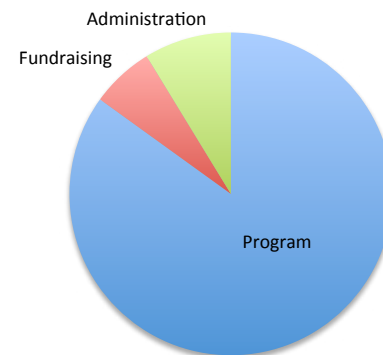
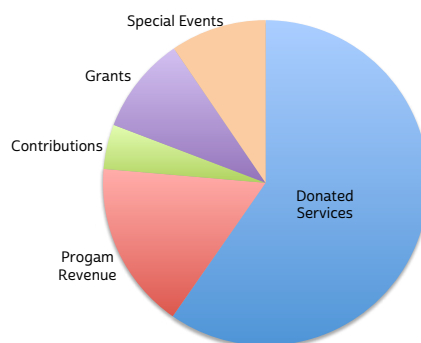
2015 Audited Financial Report

Public Support and Revenue

Donated Services	\$ 2,348,250
Program Revenue	656,841
Contributions	174,379
Grants	380,560
Special Events	375,161
Total Public Support and Revenue	\$ 3,935,191

Expenditures

Program	\$ 3,188,867
Fundraising	236,198
Administration	328,198
Total Expense	\$ 3,753,517



50 Years Working for Change in Our Community



Robert Mendelsohn
Clinical Director

In 1966, we mark 50 years of serving the mental health needs of the many communities of Los Angeles. What a ground-breaking model SCCC offered our founders, created a place where all people, regardless of their ability to pay, could find help and human contact provided by highly trained volunteers. Every day we seek to embody those same values: volunteerism, cultural sensitivity, respect and empowerment, adjusting to the changing needs of our communities.

For example, as a response to the social upheaval in 1992, we introduced our Community Outreach Programs, directed by Marianne Diaz, to reach deeper into the marginalized communities of Los Angeles. Outreach services include SCCC's Community Counselor Course, and groups for rage resolution, teen violence prevention, and LGBTQIA+ teens, offering support and alternatives to violence and self-harm to those in oppressed populations. In collaboration with WLCAC, these services have most recently expanded into the Watts area of South Los Angeles, a deeply underserved part of the city plagued by decades of poverty, violence and trauma. Our skills have been welcomed by a community not used to practitioners honoring its members' knowledge and respecting their lived experience.

It is because of everyone who has joined with us—clients, volunteers, donors, Board members, and the broader community—that we are able to do what we do. We look forward with excitement to the next challenge. With your help, I know we will meet it.

SCCC Volunteer Counselors

Jessica Adam • Angela Albert
Angela An • Michael Anthony-Nalepa
Cristal Baker • Layne Baker
Nicole Barab • Claire Becker
Mary Belton • Maria Berbeo
Nick Bogнар • Sandra Braun
Ryan Brewer • David Brown
Stephanie Bulger
Nicole Burns Henderson
Kimberly Bye • Miranda Campolo
Stella Chesler • Lisa Choi
Michelle Chong • Phillip Cleaver
Laurel Collins • Elise Corvo
Anthony David • Britton Derby
Ciuiн Doherty • Rebecca Doppelt
Diana Faydysh • Danielle Feinerman
Nicole Folmer • Dimitrios Gatsiounis
Roberta Goodman-Rosenberg
Owen Graham • Signe Grant
Marissa Grasmick • Bonnie Greenberg
Rayma Greenberg • Michael Guziejka
Marie-Claude Hamel • Claire Hapke
Vanessa Harvey • Giselle Henry
Teresa Herrera • Kathryn Heymann
Ariel Hirsch • Jim Holland
Adrian Hopkins • Rachel Jacobs
Darren Janger • Lauron Jones
Michael Khayat • Saman Khazani
Brigitte Knight • Laura Koonce
Natalya Kuzmicheva • Kristina Labadie
Darby Latshaw • Jeremy Leaf
Steve Lehrman • Dora Lee Leon
Glenn Light • Jamilla Lightner-Cedeno
Veronique Lin • Joy Long • Tina Lynam
Jennifer MacNamara-Mahoney
Shahzad Mahmoudi
Jonathan Martofel • Michelle Mather
Brittany McCord • Maureen McGlynn
Patti McMahon • Heather McMillen
Sarah-Elizabeth Melvin-McCann
Jay Moore • Jordan Moss
Christine Mourad • Murali Navaneethan
Michelle Neman • Yekta Nikou
Kevin O'Bryan • Linda Pachino
Adhithi Padmanabhan
Nicolle Perras • Morgan Rebane
Blair Reid • Allison Revivo • Raven Rose
Clory Rossi-Shewan • Renee Rousselot
Allison Rudnick • Caroline Salz
Anna Sawicka • Mark Schiff
Dena Schwimmer
Ayelet Shlesinger-Arbiv
Whitney Showler • Kathryn Sparks
Rebecca Spotville-Choice

Eliza Steel • Diane Stone
Lindsay Sullivan • Yonat Swimmer
Nicole Taban • Adrienne Tien
Susan Troy • Martha Uhl
Sean Vazzana • Larisa Villa
Meagan Walsh • Gail Wilburn
Marvin Wolf • Laura Worthington
Mojgan York

Volunteer Supervisors

Massi Abadi • Kathie Adams
Armin Baier • Lyra Barrera
Lin Benedek • Ali Borden
Douglas Brayfield • Ralph Bruneau
Aaron Buckwalter • Christine Campbell
Lisi Cash • Paul Chilkov
Michele Conklin • Virgil Day
Michael Dishon • Barbara Dreyfus
Jay Edwards • Estelle Fisher
Jonathan Flier • Terence Ford
Linda Franco • Stefanie Funke
Lilly Gallay • Mary Galloway
Kathleen Gray • Doug Hales
Yisraela Hayman • Hilary Henson
Lynne Jacobs • Teresa Jones
Sharon Kane • Clara Konzevik
Jesse Lainer-Vos • Joni Lavick
Gwen Lotery • David Marsten
Robert Morris • Alicia Murray
Catherine Musicant • Sherry Nafeh
Tal Parsons • Margo Peck
Carol Potter • Brenda Rappaport
Jeanette Raymond
Mary Ann Rosenfeld • Lea Roussos
Janet Ruckert • Savanah Sanfield
Robert Santos • Seth Schulweis
Friedemann Schulz • Eve Siegel
Charlotte Spiegelman • Nancy Steiny
Carolyn Taylor • Janet Taylor
Marcia Teichman • John Tsilimparis
Jonathan Vickburg • Sum-Yee Wang
Ilene Weingarten • Roni Weisberg-Ross
Mark Winitsky • Cheryl Woodruff
Fountain Yount • Larry Zucker

*As of June 1, 2016

For more information about SCCC's training programs or client services, please call 323-937-1344 or visit our website at sccc-la.org.



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Coordinator
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Coordinator
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Coordinator
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Angela Wallace, Clinical Advisor
Arezou Yashoua, Client Coordinator

SCCC congratulates our Community Counselor Course graduates!



On June 17, a cohort of 17 students graduated from SCCC's six-month Community Counselor Course (CCC). Every January and July the course provides training, supervision and support for those who are already working at other agencies or are interested in helping high-risk populations and underserved communities. It offers students the opportunity to build a solid base of counseling skills alongside case workers and staff members from local nonprofits and government agencies located throughout Los Angeles County. "We're very proud of the program and its graduates," said Outreach Director Marianne Diaz. "We grow very close to the students as they learn, and we miss them when they leave us. We celebrate their hard work and deep commitment to working for change." A new group begins on July 8. Check out our website at sccc-la.org/ccc for more details.

Concert to Benefit the SCCC Trauma Training Program

Agastock is a benefit concert put on by a former SCCC client to support our efforts to address trauma recovery. It also commemorates the life of Alice Ferguson. Featured performers include Ramsay Midwood, The Neptunas, Greg Feldon, Tony Gilkyson, and Mike Stinson. It takes place on July 24 at The Echo, 1822 Sunset Blvd., 3-8 pm., \$25 requested donation payable at the door (cash or check), kids under 16 free. For more information, call Lizzy at 323-904-3215.

On the Cover: Past Board Member Suzie Levin Corben

Suzie Levin Corben served on our Board of Directors for 18 years. Clear-sighted and deeply committed, she helped steer the organization through challenging times and celebrated the strength and courage of our clients. We lost Suzie in 2013 to cancer. Her legacy continues through the work of The Jay & Rose Phillips Family Foundation of California, and her children Jason Levin, Matthew Levin and wife Ashley, and Shana Levin Zarcufsky and husband, Matt.