

NEW from Norton Mental Health and Alexandra Katehakis

Sex Addiction as Affect Dysregulation: A Neurobiologically Informed Holistic Treatment



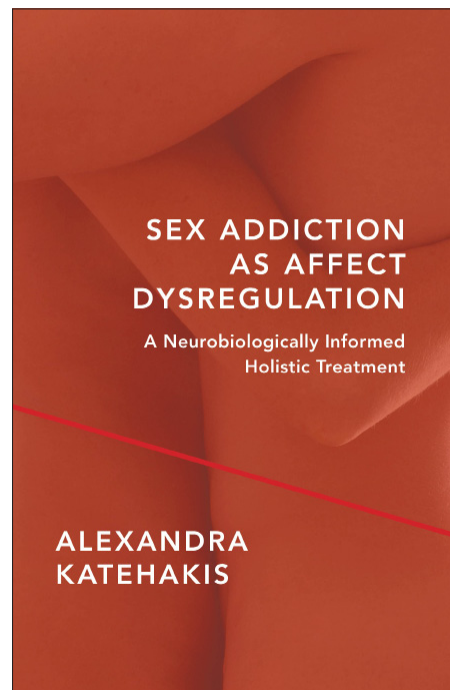
Sex Addiction as Affect Dysregulation is the first book on sex addiction that takes into consideration neurobiological underpinnings, examining sex addiction in line with the new definition of addiction as a primary, chronic brain disorder. Katehakis presents not only a well-rounded discussion of the issue—integrating topics such as attachment patterns, brain development, trauma history, as well as neurophysiological factors—but ends by presenting a holistic treatment model. Treatment implications are explained, and case histories demonstrate the validity of a holistic treatment approach.

TABLE OF CONTENTS

Part One: Understanding SA: Terms, Etiology, Mechanisms, and Effects
• Chapter 1: History, Debates and Definitions: The Evolving Field of Sex Addiction • Chapter 2: Basic Neurophysiology of Attachment and Affect Regulation • Chapter 3: Etiology, Mechanisms, and Effects of Addiction • Chapter 4: Individual, Familial, and Cultural Factors Perpetuating Sex Addiction • Part Two: Assessing and Treating SA
• Chapter 5: Presentation and Initial Assessment of Sex Addiction • Chapter 6: Holistic Treatment Goals and Protocols for Body, Brain, and Relationship • Chapter 7: First Steps: Extinguishing Addictive Behaviors Using PASAT • Chapter 8: Healing Underlying Trauma Using PASAT • Chapter 9: Epilogue: Restoring Social, Sexual, and Spiritual Relationality • Chapter 10: Conclusions and Applications: How Public Policy Can Protect and Nourish Relational Health

ABOUT THE AUTHOR

Alexandra Katehakis, MFT, is a Licensed Marriage, Family Therapist, certified sex addiction therapist and supervisor, certified sex therapist and supervisor, and Clinical Director of Center for Healthy Sex in Los Angeles, California. She is a Senior Fellow at The Meadows and a faculty member of the International Institute of Trauma and Addiction Professionals (IITAP), the certifying body for sex addiction therapists. She specializes in and has extensive experience in working with a full spectrum of sexuality from sexual addiction to problems of sexual desire and dysfunction for individuals and couples. Learn more at www.centerforhealthysex.com.



Publishing Fall 2016
Hardcover, 496 pages
Price: ~~\$39.95~~ \$29.96
tinyurl.com/pamb849

ORDER WITH THIS FLYER

FOR 25% OFF & Free Shipping!

Name _____
Address _____
City/State/Zip _____
Phone _____ Email _____
Amount enclosed \$ _____
or charge to my credit card: \$ _____
 Visa Mastercard American Express
Acct # _____ Sec. Code _____
Signature _____ Exp _____

SEND ORDERS TO:

W.W. Norton & Co., Inc
800 Keystone Industrial Park
Dunmore, PA 18512-9980
Fax: 1-800-458-6515
Call toll free: 1-800-233-4830

Qty.	ISBN #	Title	List	w/ Discount
	978-0-393-70902-5	Sex Addiction as Affect Dysregulation	\$39.95	\$29.96
			Subtotal	
			*Tax	
			Total	

* Residents of CA, IL, MI, NY, PA, VT, WA, and TX only.
PRICE IS SUBJECT TO CHANGE.



Please reference promotion code **KATEHAKIS** when ordering.
Browse our online catalog at WWNORTON.COM/PSYCH
Follow us on Twitter @[wwnortonmh](https://twitter.com/wwnortonmh) and YouTube.com/[NortonMentalHealth](https://www.youtube.com/NortonMentalHealth)