

SOUTHERN CALIFORNIA COUNSELING CENTER

TRAUMA AND RESILIENCY TRAINING SCHEDULE 2015 – 2016

October 7	Orientation. Trauma History – <i>Judith Herman book, "Trauma and Recovery"</i> discussion. Resource. K C
October 14	Self Care. Vicarious Traumatization. Resource Team. <i>Therapist Self-Care</i> articles
October 21	Break.
<u>October 23 6-9 pm</u>	<u>EMDR Part 1. Connie Kaplan and Kim Cookson</u>
<u>October 24 9-6pm</u>	<u>EMDR Part 1. CK and KC</u>
<u>October 25 9-5:30pm</u>	<u>EMDR Part 1. CK and KC</u>
October 28	Resourcing practice. EMDR video. KC
November 4	Shame. Angela Wallace
November 11	EMDR Internal Skills Resourcing. KC
<u>November 13 6-9pm</u>	<u>EMDR Part 2. Connie Kaplan and Kim Cookson</u>
<u>November 14 9-6pm</u>	<u>EMDR Part 2. CK and KC</u>
<u>November 15 9-5:30pm</u>	<u>EMDR Part 2. CK and KC</u>
November 18	Optional Resourcing/Consultation. KC
November 25	Break.
December 2	EMDR Consultation Group 1-1.

December 5 9-5pm CRM Training

December 6 9-1pm CRM Training

December 9 EMDR Consultation Group 2-1

December 16 Trauma Conversations. Marianne Diaz

December 23 Break.

December 30 Break.

January 6 EMDR Consultation Group 1-2

January 13 TRM 1 Elaine and Jennifer

January 20 TRM 2 Elaine and Jennifer

January 28 TRM 3 Elaine and Jennifer

February 3 TRM 4 Elaine and Jennifer

February 10 TRM 5 Elaine and Jennifer

February 17 EMDR Consultation Group 2-2

February 24 EMDR Consultation Group 1-3

March 2 EMDR Consultation Group 2-3

March 9 Working with Dissociation.

March 16 EMDR Group Consultation 1- 4

March 23 EMDR Group Consultation 2- 4

March 30 TRM Consultation. Video. KC

April 6 EMDR videos. Discussion.

April 13	Break
<u>April 15 6-9pm</u>	<u>EMDR Part 3 Connie Kaplan and Kim Cookson</u>
<u>April 16 9-6pm</u>	<u>EMDR Part 3. CK & KC</u>
<u>April 17 9-5:30pm</u>	<u>EMDR Part 3. CK & KC</u>
April 20	EMDR Practicum
April 27	Working with Addictions.
May 4	Working with kids and teens.
May 11	Break
May 18	Integrating TRM and EMDR. KC
May 25	Working with LGBTQ trauma .
June 1	Attachment focus. Consultation. KC
June 8	Overview. Evaluation of program.
June 15 – September 28 Ongoing optional Wednesday Consultation 6 – 8pm	

There will be two consultation groups - 1 and 2 - which will meet on separate days. This is so that we have a smaller consult group. When one group meets the other is on break.