

Southern California Counseling Center
Family Therapy Training Program
Class Schedule
2015-2016

Date	Topic	Presenters
9/8/15	Family Therapy: History and Context in the world and at SCCC. EXERCISE: "Considering Our Families"	Nancy Steiny and Bob Mendelsohn
9/15/15	NO CLASS	Rosh Hashanah
9/22/15	NO CLASS	Yom Kippur
9/29/15	MODULE ONE: Family Systems One – An Introduction – Genograms Exercise: Bring in your genogram	Charlotte Spiegelman
Topics included in Module One, Family Systems One through Four: Family sculpting, genograms (present them to each other), experiential, roles, birth order; matters of family culture/ethnicity/difference/history; the emigration story. What biases have you inherited? The pull of our judgments. Operating in 'the interpersonal space,' 'the space in between.'		
10/6/15	Family Systems Two – Follow-up to genograms: small group work on genograms and debrief. The "Strength Genogram."	Bob Mendelsohn
10/13/15	Family Systems Three	Charlotte Spiegelman
10/20/15	Family Systems Four	Charlotte Spiegelman
10/27/15	NO CLASS – MARSHALL JUNG THIS WEEKEND!	
FRIDAY, 10/30/15 9 AM TO 4 PM	COUPLES COUNSELING – AN INTEGRATIVE MODEL	Marshall Jung
SATURDAY, 10/31/15 9 AM TO 1 PM	COUPLES COUNSELING – AN INTEGRATIVE MODEL	Marshall Jung
11/3/15	NO CLASS	
11/10/15	The Quadrants – a means of analyzing the therapeutic position	Larry Zucker
11/17/15	Initial Client Interviewing – the Couple/Family Intake	Charlotte Spiegelman
11/24/15	NO CLASS	Thanksgiving Week

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12/1/15	MODULE TWO: Joining One	Bob Mendelsohn Stephen Madigan video
<p>Topics included in Module Two, Joining One through Four: Joining – connecting, seeking to make each member of the family feel liked and understood. Interviewing people who are not like you. Assumptions, issues of difference. Conceptualizing where the kids fit into the picture. Who has the power? Who holds “the truth” in the family? Discarding the biases of the first hypotheses. Eliciting family history, especially the family’s immigration story (note: this does not have to be from one country to another). Readings: Jay Haley on the First Interview; David Epston on finding the “wonderfulness” of children</p>		
12/8/15	Joining Two	Charlotte Spiegelman
12/15/15	Joining Three	Charlotte Spiegelman
12/22/15	NO CLASS	Christmas Week
12/29/15	NO CLASS	New Years Week
1/5/16	Joining Four	Larry Zucker – live work
1/12/16	Debrief exercise re last week’s observed work	Bob Mendelsohn
<p>Readings: Tarragona, Margarita (2008), Postmodern/Poststructuralist Therapy</p>		
1/19/16	MODULE FOUR: Nonetheless: Power and Process – Who is In Charge of What Happens in the Room? Defining some terms: Postmodernism Post-structuralism Social Constructionism	Bob Mendelsohn

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<p>Topics included in Module Four, The Battle for Structure One through Four: Determining the treatment unit, what the therapy will be about, determining your participation in the therapeutic system of the family, who defines the terms of the treatment? Applying your power as therapist. What are you trying to accomplish as therapist: what if you don't approve of it or understand it? Taking charge of what happens in the room. The value of discomfort. How to deal with your anxiety. The therapist's focus: intention, goal discovery and the process of it, your plan and a way to talk about it. Different presenters come in to show how their work; EXERCISE: small groups pick a question to ask the presenter about what they saw. Live work.</p>		
1/26/16	The Problem is Not in the Person – the symptom is not in the person, it's part of the system.	Charlotte Spiegelman – live work
2/2/16	Debrief last week's live work	Charlotte Spiegelman
2/9/16	The Problem is Not in the Person	Bob Mendelsohn – live work
2/16/16	Emotionally-Focused Couples Therapy (EFT) 1	Clay Crosby
<p style="text-align: center;">MODULE FIVE:</p> <p>What does progress look like? Topics included in Module Five, What Does Progress Look Like? What is the therapist's conception of progress? Do you have a way of assessing whether what you think you're doing is working? How do you evaluate what you are doing "to, with or for" them? How do you distinguish whether you are doing "to, with or for" them? What's different now from when they came in? In the eyes of the client? In your eyes? Is the vision being realized?</p>		
2/23/16	Emotionally-Focused Couples Therapy (EFT) 2	Clay Crosby
3/1/16	Narrative Therapy with Young Children	David Marsten

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3/8/16	Couples Counseling	Nancy Steiny David Marsten
3/15/16	The Art of Questioning	Nancy Steiny Bob Mendelsohn
3/22/16	NO CLASS	Easter Week
3/29/16	LGBTQ Families Transsexuality and Gender Matters	Marie Keller
4/5/16	Families and Community Violence – Theory and Case Study – 1	Marianne Diaz
4/12/16	Families and Community Violence – Theory and Case Study – 2	Marianne Diaz
4/19/16	LGBTQ Families – working with teens	Jessica Weissbuch
Readings for Families and Community Violence – Theory and Case Study 1: The Inquisitive Tourist Rage Respect Gang Members and Respect		
4/26/16	LGBTQ Couples – Sexuality 1	Yisraela Hayman and Tamara Kline – coming out – issues in couples.
5/3/16	LGBTQ Couples – Sexuality 2	Yisraela Hayman and Tamara Kline
5/10/16	Intimate Violence – 1 Live work	Moj Farazian, Bob Mendelsohn
5/17/16	Intimate Violence – 2	Moj Farazian, Bob Mendelsohn
5/24/16	Wrap-up and Course Evaluation	Bob Mendelsohn