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Center

dialog

Spring 2016

A newsletter for supporters of the
Southern California Counseling Center

Making Change Work



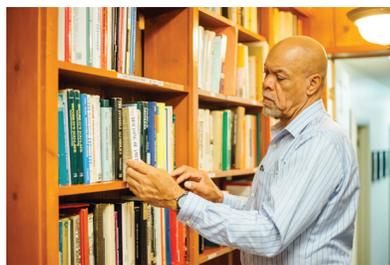
Gail Wilburn
Executive Director

This issue marks the beginning of our 50th year of providing mental health services to the greater Los Angeles community. What does it mean to be part of SCCC's ongoing legacy? Imagine for a moment all the men, women and children whose lives have been significantly impacted by

our efforts. Consider all of the therapists who, after years of training at SCCC, have gone on to work effectively in private practices or in mental health agencies and other community settings. The Center has been all about change—fostering change, encouraging change, making change meaningful.



Taking up residence on Pico Blvd. in 1976



The Library

That begs the question, What is change and how do we make it happen? That's a core question at the heart of psychotherapy and mental health counseling. Change is so fundamental to our existence. What

we have discovered about change is, not so much making it happen, but having it work in the lives of those we serve. It comes down to how we choose to navigate change—facing it with hope and optimism that comes with a renewed understanding of our strengths and capabilities. We have been doing that as an organization, particularly in the last few years. The changes we see in our community and the needs of those we serve have provided impetus to make significant changes in the services we provide, including the addition of psychiatric care and



services to address trauma and support resiliency.

Every day I am gratified by this work and look forward to

watching not only change happen but seeing it work. You, too, are part of this process, this legacy. On the following pages, you will find not only your name, but all the other

people and organizations who believe, like you, in the value of mental health care. We would love for you all to meet each other, and there will be no better time than our 50th anniversary



Our counselors in training

celebration on April 30 at the redesigned Petersen

Automotive Museum on the Miracle Mile. Until then, we thank you for your support, your generosity and your faith in our efforts to meet the critical need for mental health services.

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SCCC Launches New Website

We're excited to announce that SCCC has launched a fresh, new website that's designed to be more interactive. Each week features updates and new information about our services, training programs and upcoming events. Be sure to take a moment to check it out at www.sccc-la.org.

Celebrate SCCC's History of Helping

In 2016, friends, donors and volunteers of the Southern California Counseling Center will mark 50 years of providing help and support to those in need of mental health counseling here in Los Angeles. Join us April 30 at the Petersen Automotive Museum for a roaring good time as we celebrate our history of accomplishment and caring. A live band playing hits from across the decades, a delectable buffet, and silent auction will round out the festivities. For more info, contact Lizzy Beach at 323-937-1344.



The redesigned Petersen Automotive Museum

CELEBRATING 50 YEARS

ZERO TO FIFTY
& ONWARD!

SCCC

Petersen Automotive Museum | April 30, 2016
Changing lives and strengthening communities by providing affordable mental health counseling since 1966.